

## 2024-2025 CLK Virtual Academy Middle School Electives

Class Offered	Learning Platform	Course Summary	Grades	Day	Time	Instructor	Optional Learning Experience
<b>**STRIKETHROUGH CLASSES NOT OFFERED FOR 24/25 SCHOOL YEAR</b>							
<b>Academic Success</b>	Edmentum	As in other areas of life, success in academics results from learning and practicing positive habits. This one-semester elective provides practical, hands-on guidance on developing and improving study habits and skills, regardless of a student's level of accomplishment. Academic Success includes five lessons and two course activities in a flexible structure that is adaptable to the needs and circumstances of individual students.	6-8	Self Directed	Self Directed	Virtual	At Home
<b>Art Appreciation</b>	Edmentum	This course explores the main concepts of art, expression, and creativity as it helps students answer questions such as what is art; what is creativity; and how and why people respond to art. It covers essential design principles such as emphasis, balance, and unity. Units include: Art, History, and Culture; Western and World Art Appreciation; and Art and the Modern World.	6-8	Self Directed	Self Directed	Virtual	At Home
<b>Chinese</b>	Ed Options	Students begin their introduction to Chinese with fundamental building blocks in four key areas of foreign language study: listening comprehension, speaking, reading, and writing. The course consists of 180 lesson days formatted in an intuitive calendar view, which can be divided into two 90-day semesters. The course represents an ideal blend of language learning pedagogy and online learning. As students begin the course, they construct their own Avatar that accumulates "Avatar bucks"—by performing well on course tasks—to use to purchase materials (clothing, gadgets, scenery, etc.) at the "Avatar store". Each week consists of an ongoing adventure story, a new vocabulary theme and grammar concept, numerous interactive games reinforcing vocabulary and grammar, reading and listening comprehension activities, speaking and writing activities, and multimedia cultural presentations covering major Chinese-speaking countries. The course has been carefully aligned to national standards as set forth by ACTFL (the American Council on the Teaching of Foreign Languages).	6-8	Self Directed	Self Directed	Virtual	At Home
<b>Communication and Career Skills</b>	Edmentum	What career are you best suited for? In this course, students will explore career options in many different fields including business, health science, public administration, the arts, and information technology.	6-8	Self Directed	Self Directed	Virtual	At Home
<b>Computers</b>	Edmentum	Technology has made an impact on nearly all facets of our lives, and it will continue to make an impact on yours as you make your way into college and career! In this course, you are going to pull back the veil on what goes into some of the technology we use every day. You will investigate computer hardware and software and learn what goes into building a computer while exploring programs and applications, you'll study the history of the internet and how to use its capabilities even more effectively, and you'll also dive deep into email and some of today's most powerful processing tools. Get ready to really know the technology you have at your fingertips so you can continue to make it work for you!	6-8	Self Directed	Self Directed	Virtual	At Home
<b>Family and Consumer Science</b>	Ed Options	Family & Consumer Science prepares students with a variety of skills for independent or family living. Topics covered include child care, home maintenance, food preparation, money management, medical management, clothing care, and more. They also focus on household, personal, and consumer health and safety. In addition, students learn goal setting and decisionmaking skills, as well as explore possible career options	6-8	Self Directed	Self Directed	Virtual	At Home
<b>Family Living and Healthy Relationships</b>	Ed Options	In this course, students examine the family unit and characteristics of healthy and unhealthy relationships at different phases of life-- including information on self- discovery, family, friendships, dating and abstinence, marriage, pregnancy, and parenthood. Students learn about the life cycle and the different stages of development from infancy to adulthood. They also focus on a variety of skills to improve relationships and family living, including coping skills, communication skills, refusal skills, babysitting, parenting, and healthy living and disease prevention habits.	6-8	Self Directed	Self Directed	Virtual	At Home

<b>Fitness Basics 1/2</b>	Ed Options	This course provides students with a basic understanding of fitness and nutrition. Students will learn about exercise safety, team and individual sports, nutrition, and the importance of staying active throughout their lifetime. Students conduct fitness assessments, set goals, develop their own fitness program, and participate in weekly physical activity.	6-8	Self Directed	Self Directed	Virtual	At Home
<b>Health and Physical Education 1</b>	Edmentum	This comprehensive health course provides students with essential knowledge and decision-making skills for a healthy lifestyle. Students will analyze aspects of emotional, social, and physical health and how these realms of health influence each other. Students will apply principles of health and wellness to their own lives. In addition, they will study behavior change and set goals to work on throughout the semester. Other topics of study include substance abuse, safety and injury prevention, environmental health, and consumer health.	6-8	Self Directed	Self Directed	Virtual	At Home
<b>Health and Physical Education 2</b>	Edmentum	This comprehensive health course provides students with essential knowledge and decision-making skills for a healthy lifestyle. Students will analyze aspects of emotional, social, and physical health and how these realms of health influence each other. Students will apply principles of health and wellness to their own lives. In addition, they will study behavior change and set goals to work on throughout the semester. Other topics of study include substance abuse, safety and injury prevention, environmental health, and consumer health.	6-8	Self Directed	Self Directed	Virtual	At Home
<b>Health Careers</b>	Ed Options	In this course, students explore a variety of career options related to the health care field, including medicine, nursing, physical therapy, pharmacy, dental careers, sports medicine, personal training, social work, psychology, and more. Students will learn about various options within each field, what each of these jobs entails, and the education and knowledge required to be successful. In addition, they will focus on basic job skills and information that would aid them in health care and other career paths	6-8	Self Directed	Self Directed	Virtual	At Home
<b>Introduction to Group Sports 1/2</b>	Ed Options	This course provides students with an overview of group sports. Students learn about a variety of sports, and an in-depth study of soccer or basketball. Students learn not only the history, rules, and guidelines of each sport, but practice specific skills related to each sport. Students also learn about game strategy and the benefits of sports. In addition, students study elements of personal fitness, goal setting, sport safety, and sports nutrition. Students conduct a pre- and post-fitness assessment, as well as participate in regular weekly physical activity.	6-8	Self Directed	Self Directed	Virtual	At Home
<b>Introduction to Individual Sports 1/2</b>	Ed Options	This course provides students with an overview of individual sports. Students learn about a variety of sports, yet do an in-depth study of running, walking, strength training, yoga, Pilates, dance, water sports, and cross-training. Students learn the history, rules, and guidelines of each sport, and practice specific skills related to each sport. Students also learn about the components of fitness, FITT principles, benefits of fitness, safety and technique, and good nutrition. Students conduct fitness assessments and participate in weekly physical activity	6-8	Self Directed	Self Directed	Virtual	At Home
<b>Spanish</b>	Ed Options	Spanish is the most spoken non-English language in U.S. homes, even among non-Hispanics, according to the Pew Research Center. There are overwhelming cultural, economic, and demographic reasons for students to achieve mastery of Spanish. Spanish 1A and B engage students and use a variety of activities to ensure student engagement and to promote personalized learning. These courses can be delivered completely online, or implemented as blended courses, according to the unique needs of the teacher and the students.	6-8	Self Directed	Self Directed	Virtual	At Home
<b>Updated 8/1/24</b>							