

## September 2020 Lunch Menu - Allergen

Monday	Tuesday	Wednesday	Thursday	Friday
7 Labor Day No School	8 GF Chicken patty on a GF bun Fresh broccoli Green beans Fruit cocktail Milk or milk substitute	9 Nathan's hotdog GF bun Baby carrots Fresh cauliflower Peaches Milk or milk substitute	10 GF grilled cheese Grape tomatoes Cucumber slices Mandarin Oranges Milk or milk substitute  GF & DF Sunbutter & grape jelly sandwich on GF bread	11 GF Cheese pizza Tortilla chips Salsa Rainbow sweet peppers Pears Milk or milk substitute  GF & DF Turkey sandwich on GF bun
14 GF Chicken breast Baby carrots Celery sticks Peaches Milk or milk substitute	15 GF pulled pork on GF bun Steamed broccoli Pears Milk or milk substitute	16 Cheeseburger on GF bun Cucumber slices Grape tomatoes Fruit cocktail Milk or milk substitute GF DF Hamburger on GF bun	17 GF Chicken patty on GF bun Steamed cauliflower Pineapple Milk or milk substitute	18 Pizza stuffer Fresh broccoli Baby carrots Mandarin oranges Milk or milk substitute
21 GF chicken nuggets Rainbow sweet peppers Pears Milk or milk substitute	22 GF Vegetarian spaghetti Diced carrots Pineapple Milk or milk substitute	23 Chicken patty on whole grain bun Fresh broccoli & cauliflower Applesauce cups Milk or milk substitute	24 Nathan's hotdog on GF bun Grape tomatoes Cucumber slices Mandarin oranges Milk or milk substitute	25 GF Grilled cheese sandwich Fresh broccoli and cauliflower Peaches Milk or milk substitute  GF & DF Grilled cheese
28 GF Chicken patty on GF bun Fresh broccoli & cauliflower Applesauce cups Milk or milk substitute	29 GF pulled pork on GF bun Green bean medley Pineapple Milk or milk substitute	30 Cheeseburger on GF bun Rainbow sweet peppers Pears Milk or milk substitute  GF & DF Hamburger on GF bun	10/1 GF Chicken strips Baby carrots Celery sticks Peaches Milk or milk substitute	10/2 Pizza stuffer Grape tomatoes Cucumber slices Fresh apples Milk or milk substitute  DF & GF Ham sandwich on GF bun

Menu is subject to change.