

# January 2021 Horizons Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
4 Hot dogs on whole grain bun Baked beans Baby carrots Applesauce cups Milk	5 Popcorn chicken Seasoned fries Cucumber slices Cauliflower Whole grain roll Grapes Milk	6 Orange chicken Brown rice Steamed broccoli Whole grain roll Mandarin oranges Milk	7 Italian Penne pasta Romaine & spinach salad Grape tomatoes Garlic toast Peaches Milk	8 Papa Murphy's Red pepper strips Cucumber slices Apple slices Milk
11 Chicken patty Seasoned wedges Baked beans Mandarin orange Milk	12 Orange chicken Brown rice Steamed broccoli Pineapple Milk	13 Bosc Marinara sauce Fresh broccoli & cauliflower <i>Sidekicks fruit slushie</i> Milk	14 Chicken strips Mashed potatoes & gravy Key West vegetable blend Peaches Milk	15 Spaghetti Romaine & Spinach salad Cucumber slices Pears Milk
18 Little Caesar's pizza Fresh broccoli Baby carrots Applesauce cups Milk	19 <b>EXAM</b> Italian Penne Pasta Romaine & Spinach Salad Grape tomatoes Garlic toast Peaches Milk	20 <b>EXAM</b> Chicken quesadilla Black beans Corn Salsa Tortilla chips Baby carrots Pears Milk	21 <b>EXAM</b> Cheeseburger on whole grain bun Seasoned wedges Baked bean Fresh Apples Milk	22  <b>NO SCHOOL RECORDS DAY</b>
25 BBQ Pulled Pork on a whole grain bun Red pepper strips Baby carrots Fruit cocktail Milk	26 Nacho Supreme- Seasoned taco meat, lettuce,diced tomato,cheese sauce,black beans & salsa Tortilla chips Peaches Milk	27 BBQ nibblers Baked potato Green beans Whole grain roll Pineapple Milk	28 Orange chicken Brown rice Steamed broccoli Mandarin oranges Fortune cookie Milk	29 Papa Murphy's Soft pretzels Grape tomato Cucumber slices Grapes Milk

This institution is an equal opportunity provider.

Milk - fat free & 1% white or 1% chocolate

Menu is subject to change.