

# January 2021 Allergen Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>4</p> <p>Hot dogs on GF bun Baked beans Cucumber slices Baby carrots Applesauce cups Milk or milk substitute</p>	<p>5</p> <p>GF chicken nuggets Crinkle cut Fries Zucchini Celery sticks Applesauce cups Milk or milk substitute</p>	<p>6</p> <p>GF Pizza Fresh broccoli &amp; cauliflower Grapes Milk or milk substitute</p>	<p>7</p> <p>Pulled pork on GF bun Romaine &amp; Spinach salad Grape tomatoes Peaches Milk or milk substitute</p>	<p>8</p> <p>Pizza Stuffer Cheese sticks Red pepper strips Baby carrots Apple slices Milk or milk substitute</p> <p>GF &amp; DF - turkey sandwich on GF bread</p>
<p>11</p> <p>GF Chicken patty on gf bun Seasoned wedges Baked beans Mandarin orange Milk or milk substitute</p>	<p>12</p> <p>GF pizza Steamed broccoli Pineapple Milk or milk substitute</p> <p>GF &amp; DF - chicken sandwich sandwich on GF bread</p>	<p>13</p> <p>Pulled pork on gf bun Marinara sauce Fresh broccoli &amp; cauliflower <i>Sidekicks fruit slushie</i> Milk or milk substitute</p>	<p>14</p> <p>GF Chicken strips Mashed potatoes Key West vegetable blend Peaches Milk or milk substitute</p>	<p>15</p> <p>GF Spaghetti Romaine &amp; Spinach salad Cucumber slices Pears GF bread Milk or milk substitute</p>
<p>18</p> <p>Pizza stuffer Fresh broccoli Baby carrots Applesauce cups Milk or milk substitute GF &amp; DF - turkey sandwich on GF bread</p>	<p>19 <b>EXAM</b></p> <p>GF chicken breast Romaine &amp; Spinach Salad Grape tomatoes GF bread Peaches Milk or milk substitute</p>	<p>20 <b>EXAM</b></p> <p>GF grill cheese Black beans Corn Salsa Tortilla chips Baby carrots Pears Milk or milk substitute GF &amp; DF - chicken sandwich sandwich on GF bread</p>	<p>21 <b>EXAM</b></p> <p>GF Cheeseburger on GF bun Crinkle cut fries Baked bean Fresh Apples Milk or milk substitute GF &amp; DF - turkey salad with gf bread</p>	<p>22</p> <p><b>NO SCHOOL RECORDS DAY</b></p>
<p>25</p> <p>GF BBQ Pulled Pork on gf bun Red pepper strips Baby carrots Fruit cocktail Milk or milk substitute</p>	<p>26</p> <p>Nacho Supreme- Seasoned taco meat, lettuce, diced tomato, cheese sauce, black beans &amp; salsa Tortilla chips Peaches Milk or milk substitute</p> <p>DF - no cheese</p>	<p>27</p> <p>GF Meatballs Baked potato Green beans GF roll Pineapple Milk or milk substitute</p>	<p>28</p> <p>Pizza stuffers Steamed broccoli Mandarin oranges Milk or milk substitute</p>	<p>29</p> <p>GF pizza GF pretzels Grape tomato Cucumber slices Grapes Milk or milk substitute</p>

This institution is an equal opportunity provider.

Milk - fat free & 1% white or 1% chocolate

Menu is subject to change.