

OCTOBER | 2024

WMS, CHS & HORIZON BEAKFAST MENU



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

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| <p>30 HONEY NUT CHEERIOS POPTART FRESH FRUIT FRUIT JUICE MILK</p> | <p>1 CHOCOLATE CRESCENT NUTRI GRAIN BAR FRESH FRUIT MILK</p> | <p>2 BLUEBERRY DONUT HOLES APPLE & CINN CRISPS FRESH FRUIT FRUIT JUICE/MILK</p> | <p>3 BANANA MUFFIN CHOCOLATE CHIP BAR FRESH FRUIT MILK</p> | <p>4 TRIX FRENCH TOAST NATURE VALLY BAR FRESH FRUIT FRUIT JUICE MILK</p> |
| <p>7 CINNAMON TOAST CRUNCH BLUEBERRY BITES FRESH FRUIT FRUIT JUICE MILK</p> | <p>8 BLUEBERRY MUFFIN CHEWY BAR FRESH FRUIT MILK</p> | <p>9 POWDERED DONUTS CC OATMEAL BAR FRESH FRUIT FRUIT JUICE MILK</p> | <p>10 STRAWBERRY YOGURT WITH STRAWBERRIES BAGEL FRESH FRUIT MILK</p> | <p>11 BLUEBERRY PANCAKES RICE KRISPIE BAR FRESH FRUIT FRUIT JUICE MILK</p> |
| <p>14 ASST CEREAL CC OATMEAL BAR FRESH FRUIT FRUIT JUICE MILK</p> | <p>15 CHOCOLATE DONUTS NUTRI GRAIN BAR FRESH FRUIT MILK</p> | <p>16 MINI CINNI APPLE OATMEAL BAR FRESH FRUIT FRUIT JUICE MILK</p> | <p>17 ASST YOGURT BAGEL WITH CREAM CHEESE FRESH FRUIT MILK</p> | <p>18 WAFFLE NATURE VALLEY BAR FRESH FRUIT FRUIT JUICE MILK</p> |
| <p>21 COCOA PUFFS ICED CINNAMON BAR FRESH FRUIT FRUIT JUICE MILK</p> | <p>22 CHOCOLATE BREAD RICE KRISPIE BAR FRESH FRUIT MILK</p> | <p>23 BLUEBERRY CAKE DONUT STRAWBERRY BAR FRESH FRUIT FRUIT JUICE MILK</p> | <p>24 VANILLA YOGURT WITH BLUEBERRIES NATURE VALLEY BAR FRESH FRUIT MILK</p> | <p>25 OMELET ½ ENGLISH MUFFIN FRESH FRUIT FRUIT JUICE MILK</p> |
| <p>28 LUCKY CHARMS CC OATMEAL BAR FRESH FRUIT FRUIT JUICE MILK</p> | <p>29 POWDERED DONUT HOLES CHEWY BAR FRESH FRUIT MILK</p> | <p>30 CINNAMON BAGEL BLUEBERRY BITES FRESH FRUIT FRUIT JUICE MILK</p> | <p>31 CHOCOLATE MUFFIN RICE KRISPIE BAR FRESH FRUIT MILK</p> | <p>1 BREAKFAST SANDWICH APPLE & CINNI CRISPY FRESH FRUIT FRUIT JUICE/MILK</p> |

News

WEDNESDAY 10/9

1/2 DAY FOR STUDENTS—LUNCH IS PROVIDED

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDED

SKIM OR 1% MILK IS OFFERED DAILY FOR BREAKFAST