

## January 2019 Breakfast Menu: WMS & CHS

31 No School Christmas break	1 No School Christmas break	2 Blueberry Muffins Cheerios Fresh fruit Fruit juice Milk	3 Yogurt Parfaits Iced Cinnamon bar Fresh fruit Fruit juice Milk	4 Chocolate Donuts Rice Chex Fresh fruit Fruit juice Milk
7 Trix Apple Granola bar Fresh fruit Fruit juice Milk	8 Lucky Charms Ice Cinnamon bar Fresh fruit Fruit juice Milk	9 Blueberry Loaf Cheerios Fresh fruit Fruit juice Milk	10 Chocolate muffins Apple Granola bar Fresh fruit Fruit juice Milk	11 Mini Cinnamon bagels Cinnamon Chex Fresh fruit Fruit juice Milk
14 Golden Grahams Apple granola bar Fresh fruit Fruit juice Milk	15 Oatmeal Ice cinnamon bar Fresh fruit Fruit juice Milk	16 Apple Cinnamon Cheerios Iced cinnamon bar Fresh fruit Fruit juice Milk	17 Lucky Charms Apple granola bar Fruit juice Fruit Milk	18 No School Records Day
21 Lucky Charms Iced Cinnamon Bar Fresh fruit Fruit juice Milk	22 Yogurt Cinnamon Chex Fresh fruit Fruit juice Milk	23 Chocolate Chip Muffins Kix Fresh fruit Fruit juice Milk	24 Cinnamon Toast Crunch Apple Granola Bar Fresh fruit Fruit juice Milk	25 Apple Frudel Kix Fresh fruit Fruit juice Milk
28 Yogurt Honey Nut Cheerios Fresh fruit Fruit juice Milk	29 Apple Jacks Apple Granola bar Fresh fruit Fruit Juice Milk	30 Banana Loaf Rice Chex Fresh fruit Fruit juice Milk	31 Frosted Mini Wheats Iced cinnamon bar Fresh fruit Fruit juice Milk	2/1 Mini Pancakes Rice Krispies Fresh Fruit Fruit juice Milk

