

January 2019 Lunch Menu : CHS & WMS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>31</p> <p>No School</p> <p>Christmas break</p>	<p>1</p> <p>No School</p> <p>Christmas Break</p> <p style="text-align: center;">HAPPY NEW YEAR</p>	<p>2</p> <p>Chicken Patty Whole grain bun Fresh broccoli Baby carrots Apple sauce cups Milk Alt: pizza burger</p>	<p>3</p> <p>Breaded pork patty Mashed potatoes Gravy Diced carrots Peaches Milk Alt: turkey & cheese wraps</p>	<p>4</p> <p>Chicken Fajita Salad Black beans Tortilla chips Grape tomatoes Whole grain roll Fruit cocktail Milk Alt: Little Caesar's pizza</p>
<p>7</p> <p>Taco salad Tortilla chips Salsa Whole grain roll Fruit cocktail Milk Alt: chicken quesadilla</p>	<p>8</p> <p>Spaghetti Romaine & spinach salad Grape tomatoes Pears Milk Alt: chicken patty</p>	<p>9 Early Release</p> <p>Bosco Sticks Marinara sauce Fresh broccoli & cauliflower Peaches Milk Alt: cheese soup & ham sandwich</p>	<p>10</p> <p>Hot dog Whole grain bun Baked beans Tater tots Applesauce Milk Alt: pepperoni pizza</p>	<p>11</p> <p>Homemade chili Whole grain breadstick Goldfish crackers Baby carrots Celery sticks Pears Milk Alt: Little Caesar's pizza</p>
<p>14</p> <p>Sloppy joe Sweet potato tots Coleslaw Orange smiles Milk Alt: turkey sandwich</p>	<p>15</p> <p>Italian penne pasta Romaine & spinach salad Grape tomato Garlic bread Peaches Milk Alt: pepperoni pizza</p>	<p>16</p> <p>Cheese quesadilla Fresh broccoli Baby carrots Apple slices Milk Alt: chili wraps</p>	<p>17</p> <p>cheese burger Whole grain bun Baked beans Corn Apple sauce cups Milk Alt: sausage pizza</p>	<p>18</p> <p style="text-align: center;">NO SCHOOL RECORDS DAY</p>
<p>21</p> <p>Chicken patty Whole grain bun Fresh broccoli Baked beans Apple slices Milk Alt: bratwurst</p>	<p>22</p> <p>Orange chicken Brown rice Steamed broccoli Mandarin oranges Milk Alt: egg roll or turkey sandwich</p>	<p>23 Early Release</p> <p>Sub sandwich Tomato slices Baby carrots <i>Sidekicks</i> Milk Alt: cheeseburger</p>	<p>24</p> <p>Chicken strips Mashed potatoes Gravy Diced carrots Grapes Milk Alt: ham sandwich</p>	<p>25</p> <p>Grilled cheese Tomato soup Cauliflower Peaches Milk Alt: Little Caesar's pizza</p>
<p>28</p> <p>BBQ pulled pork sandwich Whole grain bun Red peppers Coleslaw Orange smiles</p>	<p>29</p> <p>Corn dog Baked beans Baby carrots Fruit cocktail Milk Alt: pepperoni pizza</p>	<p>30</p> <p>BBQ nibblers Baked potato Green beans Whole grain roll Apple slices Milk</p>	<p>31</p> <p>Cheeseburger Fresh broccoli Nacho cheese Doritos Peaches Milk</p>	<p>2/1</p> <p>Turkey stew Soft pretzels Grape tomatoes Cucumber slices Grapes Milk</p>

Milk Alt: turkey and cheese sandwich		Alt: ham and cheese wraps	Alt: Bratwurst	Alt: Little Caesar's pizza
--	--	------------------------------	----------------	-------------------------------

Peanut butter and Jelly sandwich, yogurt parfaits, chef's salads and veggie salad are available daily as an alternate lunch.

Milk choices: Fat free white, 1% white or 1% chocolate



Menu subject to change without notice.