

February 2019 Lunch Menu: K-5

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Little Caesar's Pizza Broccoli Celery sticks Grapes Milk Alt: yogurt & cheese stick
4 BBQ Nibblers Coleslaw Baked beans Baked Potato Apple slices Milk Alt: turkey sandwich	5 Little Caesar's pizza Fresh broccoli & cauliflower Apple slices Milk Alt: ham sandwich	6 Spaghetti Romaine spinach salad Grape tomatoes Garlic toast Pears Milk Alt: yogurt & cheese sticks	7 Popcorn chicken Salad -romaine, grape tomatoes, black beans with a whole grain roll Peaches Milk Alt: turkey sandwich	8 Homemade chili Goldfish crackers Sweet pepper medley strips Cantaloupe Milk Alt: yogurt & cheese stick
11 Hot dogs Coleslaw Baked beans Peaches Milk Alt: turkey sandwich	12 Valentine nuggets French fries Baby carrots Whole grain roll Grapes Milk Alt: yogurt & cheese stick	13 Boscoss w/ marinara sauce Romaine & Spinach salad Grape tomatoes Pears Milk Alt: ham sandwich	14 Little Caesar's Pizza Fresh broccoli & cauliflower Applesauce Milk Alt: yogurt, cheese stick & graham	15 Hamburger on a whole grain bun Celery sticks Baby carrots Fruit cocktail Milk Alt: turkey sandwich
18 BBQ Pulled Pork on a whole grain bun/ Baked beans Red pepper strips Baby carrots Pineapple chunks Milk Alt: yogurt, cheese stick & goldfish crackers	19 Meatballs over mashed potatoes with gravy Steamed broccoli Whole grain roll Peaches Milk Alt: ham sandwich	20 Little Caesar's Pizza Romaine & spinach salad Grape tomatoes Watermelon Milk Alt: turkey sandwich	21 Chicken patty on a whole grain bun Baby carrots Fresh Broccoli Grapes Milk Alt: sunbutter & grape jelly sandwich	22 Sausage pizza Baby carrots Fresh broccoli Apple slices Milk Alt: yogurt, cheese stick & whole grain roll
25 French toast Sausage links Hash brown triangle Strawberry cup Breakfast juice Milk Alt: yogurt, cheese stick & whole grain roll	26 Macaroni & Cheese Romaine & spinach salad Grape tomatoes Peaches Whole grain roll Milk Alt: turkey sandwich	27 EARLY RELEASE Cheese quesadilla Refried beans Red pepper strips Apple slices Milk Alt: ham sandwich	28 Sub sandwich Tomato slices Green beans Sidekick fruit cups Orange slices Milk Alt: yogurt, cheese stick & whole grain roll	3/1 Grilled cheese sandwich Tomato soup Fresh broccoli & cauliflower Cantaloupe Milk Alt: yogurt, cheese stick & whole grain roll

Milk choices: fat free white, 1% white or 1% chocolate ***Chef's salads w/ turkey or ham available daily as a lunch option

The salad bar is available to all students having hot lunch.