

March 2019 Lunch Menu: CHS/WMS

Monday	Tuesday	Wednesday	Thursday	Friday
<p>4</p> <p>Taco salad Tortilla chips Refried beans Whole grain roll Peaches Milk Alt: fiestada pizza</p>	<p>5</p> <p>Meatballs over mashed potatoes and gravy Diced carrots Whole grain roll Pears Milk Alt: ham & cheese wrap</p>	<p>6</p> <p>Spaghetti Romaine & Spinach salad Grape tomatoes Garlic Toast Fruit cocktail Milk Alt: chicken patty on a whole grain bun</p>	<p>7</p> <p>Popcorn chicken salad with mixed greens, black beans, & grape tomatoes Whole grain roll Apple slices Milk Alt: pizzaburger on a whole grain bun</p>	<p>8</p> <p>Chili Whole grain breadstick Baby carrots Goldfish crackers Orange smiles Milk Alt: Little Caesar's Pizza</p>
<p>11</p> <p>Chicken patty on a whole grain bun Sweet potato puffs Baked beans Orange smiles & apple slices Milk Alt: bratwurst on a whole grain bun</p>	<p>12</p> <p>Orange chicken Brown rice Steamed broccoli Peaches Whole grain roll Peaches Milk Alt: pepperoni pizza</p>	<p>13</p> <p>Cheese quesadilla Tortilla chips Salsa Rainbow sweet peppers Pears Milk Alt: chili wrap EARLY RELEASE</p>	<p>14</p> <p>Chicken strips Fresh broccoli and cauliflower Seasoned potato wedges Whole grain roll Fruit cocktail Milk Alt: hamburger on a whole grain bun</p>	<p>15</p> <p>Minestrone soup Grilled cheese sandwich Baby carrots Celery sticks Applesauce cups Milk Alt: Little Caesar's Pizza</p>
<p>18</p> <p>Hot dog & bun Red pepper strips Baked beans Fruit cocktail Milk Alt: pepperoni pizza</p>	<p>19</p> <p>Sloppy joes on a whole grain bun Tatar totes Coleslaw Apple slices Milk Alt: Cheeseburger on a whole grain bun</p>	<p>20</p> <p>Sub sandwich Tomato slices Green beans Orange smiles Milk Alt: chicken patty on whole grain bun</p>	<p>21</p> <p>Italian Penne Pasta Romaine & Spinach salad Grape tomatoes Whole grain roll Peaches Milk Alt: pepperoni pizza</p>	<p>22</p> <p>Hamburger on a whole grain roll Fresh broccoli Baby carrots Pears Milk Alt: Little Caesar's Pizza 1/2 DAY</p>

Milk choices - Fat Free white, 1% white or 1% chocolate

Daily Alternate Lunches - PB&J, Yogurt Parfaits, or Chef's Salad with ham, turkey or veggie

EARLY RELEASE - MARCH 13TH

1/2DAY - MARCH 22nd

SPRING BREAK - MARCH 25TH - MARCH 29TH

Menu is subject to change.