

April 2019 Lunch Menu: Horizons

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Chicken patty on a whole grain bun Broccoli Peaches Milk	2 Turkey and gravy over mashed potatoes Diced carrots Whole grain roll Apple slices Milk	3 Bosco breadsticks with marinara sauce Romaine and spinach salad with grape tomatoes Pears Milk	4 Orange chicken Brown rice Steamed broccoli Orange smiles Whole grain roll Milk	5 Chili Whole grain bread sticks Baby carrots Celery sticks Pears Milk
8 Taco Salad with diced tomatoes, black beans, shredded cheese and chopped romaine Tortilla chips Fruit cocktail Whole grain roll Milk	9 Cheese quesadilla Tostitos Refried beans Red pepper strips Fresh broccoli Pears Milk	10 EARLY RELEASE Chicken nuggets Baby carrots Celery sticks Whole grain rolls Peaches Milk	11 BBQ Nibblers Baked potatoes Romaine & Spinach salad Grape tomatoes Whole grain roll Applesauce cups Milk	12 Little Caesar's Pizza Soft pretzel Fresh broccoli and cauliflower Apple slices Milk
15 Cheeseburger on a whole grain bun Baked beans Red pepper strips Peaches Milk	16 Orange chicken Brown rice Steamed broccoli Whole grain roll Orange smiles Milk	17 French toast Sausage links Hash brown tri-taters Apples Milk	18 Little Caesar's Pizza Fresh broccoli & cauliflower Pears Milk	19 No School
22 No School	23 French bread pizza Romaine & Spinach salad Grape tomatoes Coleslaw Whole grain roll Milk	24 EARLY RELEASE Chicken strips Baked beans Baby carrots Coleslaw Fruit cocktail Milk	25 Italian Penne Pasta Fresh broccoli & cauliflower Garlic toast Peaches Milk	26 Little Caesar's Pizza Celery sticks Red pepper strips Whole grain breadsticks Pears Milk
29 Hot dog on a whole grain roll Coleslaw Baked beans Rainbow sweet peppers Peaches Milk	30 Spaghetti Romaine & Spinach salad Grape tomato Garlic bread Apple slices Milk	1 Sloppy joes Baked beans Baby carrots Coleslaw Fruit cocktail Milk	2 Bosco sticks with marinara sauce Fresh cauliflower Baby carrots Fruit cocktail Milk	3 Tomato soup Grilled cheese sandwich Fresh broccoli & cauliflower Pears Milk

Milk choices: fat free white, 1% white or chocolate 1%

*Yogurt parfait or PB&J lunch available with a 1 day notice as a lunch alternative.
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