

September 2019 Lunch Menu - Elementary

Monday	Tuesday	Wednesday	Thursday	Friday
2 Labor Day No School	3 Bagged Lunch Sunbutter & Jam Sandwich Baby carrots Apple slices Milk Noon dismissal	4 Chicken strips Fresh broccoli and cauliflower Seasoned potato wedges Whole grain roll Peaches Milk Alt: ham sandwich	5 Little Caesar's Pizza Steamed broccoli Pineapple Milk Alt: yogurt, cheese stick & whole grain roll	6 Chicken quesadilla Tortilla chips Salsa Rainbow sweet peppers Baby carrots Pears Milk Alt: cheese pizza
9 Taco salad Tortilla chips Red pepper strips Baby carrots Refried beans Whole grain roll Peaches Milk Alt: ham sandwich	10 Meatballs over mashed potatoes and gravy Diced carrots Whole grain roll Fresh pears Milk Alt: yogurt, cheese stick & whole grain roll	11 Spaghetti Rainbow Salad bar Whole grain roll Fruit cocktail Milk Alt: turkey sandwich EARLY RELEASE	12 Sub sandwich Tomato slices Green beans Watermelon Milk Alt: yogurt, cheese stick & whole grain roll	13 Chili Baby carrots Fresh broccoli Goldfish crackers Grapes Milk Alt: cheese pizza
16 BBQ Pulled Pork Coleslaw Rainbow sweet peppers Pears Milk Alt: yogurt, cheese stick & whole grain roll	17 Turkey gravy over mashed potatoes Diced carrots Whole grain roll Pineapple Milk Alt: ham sandwich	18 Pizza sticks Fresh broccoli & cauliflower Applesauce Milk Alt: sunbutter & jam sandwich	19 Little Caesar's Pizza Steamed broccoli Cantaloupe Milk Alt: turkey sandwich	20 Turkey stew Soft pretzels Fresh broccoli and cauliflower Grapes Milk Alt: cheese pizza
23 Walking tacos - Seasoned beef, cheese, romaine, & diced tomatoes, black beans, & salsa Grapes Milk Alt: yogurt, cheese stick & whole grain roll	24 Breaded Pork patty Mashed potatoes with gravy Green bean medley Pineapple Whole grain roll Milk Alt: turkey sandwich	25 Cheese quesadilla Tortilla chips Salsa Baby carrots Rainbow sweet peppers Pears Milk Alt: ham sandwich EARLY RELEASE	26 Little Caesar's Pizza Fresh broccoli & cauliflower Cantaloupe Whole grain roll Milk Alt: Sunbutter & jam sandwich	27 Sloppy joes on a whole grain bun Baked beans Red pepper strips Cucumber slices Apple Slices Milk Alt: cheese pizza
30 Pepperoni pizza Red pepper strips Baby carrots Pears Milk Alt: ham sandwich	10/1 Chicken strips Fresh broccoli and cauliflower Seasoned potato wedges Whole grain roll	10/2 French toast sticks Sausage links Orange juice Bananas Milk Alt: Sunbutter & jam	10/3 Little Caesar's Pizza Rainbow Salad bar Grapes Milk Alt: yogurt, cheese stick & whole grain roll	10/4 Tomato soup Grilled cheese sandwich Fresh broccoli & cauliflower Peaches

	Fruit cocktail Milk Alt: turkey sandwich	sandwich		Milk Alt: cheese pizza
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