

September 2019 Lunch Menu - Horizons

Monday	Tuesday	Wednesday	Thursday	Friday
2 Labor Day No School	3 Chicken patty on a whole grain bun Sweet potato puffs Baked beans Fruit cocktail Milk	4 Chicken strips Fresh broccoli and cauliflower Seasoned potato wedges Whole grain roll Peaches Milk	5 Orange chicken Brown rice Steamed broccoli Peaches Whole grain roll Mandarin Oranges Milk	6 Little Caesar's Pizza Rainbow sweet peppers Pears Milk
9 Taco salad Tortilla chips Refried beans Red pepper strips Baby carrots Whole grain roll Peaches Milk	10 Meatballs over mashed potatoes and gravy Diced carrots Whole grain roll Fresh Pears Milk	11 Spaghetti Romaine & Spinach salad Grape tomatoes Garlic Toast Fruit cocktail Milk EARLY RELEASE	12 Sub sandwich Tomato slices Green beans Orange smiles Milk	13 Chili Whole grain breadsticks Fresh broccoli Baby carrots Goldfish crackers Watermelon Milk
16 BBQ Pulled Pork Coleslaw Rainbow sweet peppers Pears Milk	17 Turkey gravy over mashed potatoes Diced carrots Whole grain roll Pineapple Milk	18 Bosco breadsticks Marinara sauce Fresh broccoli & cauliflower Applesauce Milk	19 Orange chicken Brown rice Steamed broccoli Peaches Whole grain roll Cantaloupe Milk	20 Little Caesar's Pizza Fresh broccoli and cauliflower Grapes Milk
23 Walking tacos - Seasoned beef, cheese, romaine, & diced tomatoes, black beans, & salsa Grapes Milk	24 Breaded Pork patty Mashed potatoes with gravy Green bean medley Pineapple Whole grain roll Milk	25 Cheese quesadilla Tortilla chips Salsa Rainbow sweet peppers Pears Milk EARLY RELEASE	26 French toast sticks Sausage links Orange juice Bananas Milk	27 Sloppy joes on a whole grain bun Baked beans Red pepper strips Cucumber slices Fresh apples Milk
30 Pepperoni pizza Red pepper strips Baby carrots Pears Milk	10/1 Chicken strips Fresh broccoli and cauliflower Seasoned potato wedges Whole grain roll Fruit cocktail Milk	10/2 Cheeseburger Whole grain bun Sweet potato crisscut fries Fresh pears Milk	10/3 Orange chicken Brown rice Steamed broccoli Peaches Whole grain roll Pineapple & Mandarin Oranges Milk	10/4 Little Caesar's Pizza Fresh broccoli & cauliflower Peaches Milk

Milk Choices - fat free white, 1% whole or 1% chocolate

Yogurt parfait or peanut butter & jelly Grab-n-Go available with a 1 day notice.

Menu subject to change without notice.